

# The Money Advice and Budgeting Service (MABS)

is the State's money advice service, guiding people through money matters for over 25 years.

**FREE, CONFIDENTIAL AND INDEPENDENT.**

Call **0818 07 2000**.

Call between **9am to 8pm, Monday to Friday**.

Visit **mabs.ie** for more information.

## ABOUT MABS

The Money Advice and Budgeting Service (MABS) is the State's money advice service, guiding people through money matters for over 25 years. The advice is free and provided by qualified professionals, in more than 60 locations nationwide. Advice is also available online and by live chat on [mabs.ie](https://mabs.ie) or by phone by calling the national helpline. The service is non-judgemental, confidential and independent.

## HOW MABS HELPS

MABS advisers provide advice on managing money and help people deal with a wide range of debts. The service is available for everyone, regardless of their financial circumstances. Common types of client queries include, but are not limited to:

- Mortgage & Rent Arrears
- Credit Card Debt
- Personal Loan Debt
- Utility Arrears
- Legal Moneylenders
- Budgeting
- Income Maximisation
- Saving Tips
- Financial Comparisons
- Court Fines

MABS advisers provide support by negotiating solutions with a wide range of lenders and creditors to find better solutions for those who have money problems. MABS also has a range of tools and resources to assist with money management and budgeting.

## CONTACT MABS

If you have a money advice or debt question, get in contact through one of the channels listed below. Please note, appointments should be prearranged by calling a MABS office that is convenient for you. Contact details are available on [mabs.ie](https://mabs.ie).

Call the Helpline **0818 07 2000** (9am to 8pm, Monday to Friday).

Message the **Live Chat on [mabs.ie](https://mabs.ie)** (9am to 5pm, Monday to Friday).

Email the Helpline [helpline@mabs.ie](mailto:helpline@mabs.ie) (response within 2 working days).

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